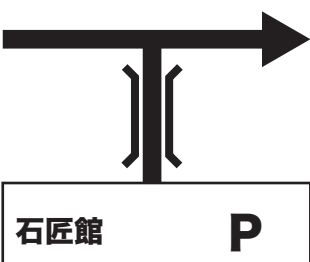
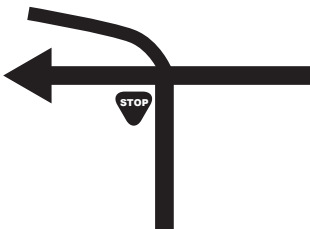

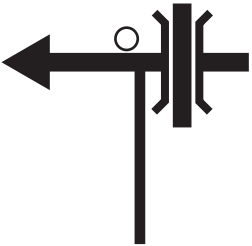
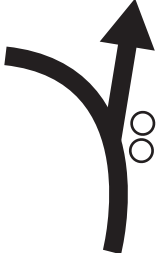


**くま MONTE-CARLO 県央篇**  
**FH 49.5km / LH 71.1km Total 120.6km**

**【START】石匠館**  
 熊本県八代市東陽町北98-2

**First half 50.5km**  
 前半

1/15	Hedding	177 °	
	Interval	0.0 km	
	Total	0.0 km	
49.5km	Hedding	118 °	
	Interval	0.2 km	
	Total	0.2 km	
1/15	Hedding	69 °	
	Interval	0.8 km	
	Total	1.0 km	
49.5km	Hedding	355 °	
	Interval	0.3 km	
	Total	1.3 km	
1/15	Hedding	70 °	
	Interval	0.2 km	
	Total	1.5 km	

2/15	Hedding	355 °	
	Interval	0.1 km	
	Total	1.6 km	
49.5km	Hedding	346 °	
	Interval	2.0 km	
	Total	3.6 km	
2/15	Hedding	66 °	
	Interval	2.4 km	
	Total	6.0 km	
49.5km	Hedding	81 °	
	Interval	2.8 km	
	Total	8.8 km	
2/15	Hedding	- °	
	Interval	4.2 km	
	Total	13.0 km	

3/15	Hedding	300 °	
	Interval	- km	
	Total	13.0 km	
49.5km	Hedding	27 °	
	Interval	5.1 km	
	Total	18.1 km	
3/15	Hedding	115 °	
	Interval	0.9 km	
	Total	19.0 km	
49.5km	Hedding	118 °	
	Interval	0.8 km	
	Total	19.8 km	
3/15	Hedding	345 °	
	Interval	1.3 km	
	Total	21.1 km	

4/15	Hedding	110 °	
	Interval	0.1 km	
	Total	21.2 km	

49.5km	Hedding	112 °	
	Interval	0.2 km	
	Total	21.4 km	

4/15	Hedding	- °	
	Interval	1.0 km	
	Total	22.4 km	

49.5km	Hedding	120 °	
	Interval	- km	
	Total	22.4 km	

4/15	Hedding	55 °	
	Interval	2.8 km	
	Total	25.2 km	

5/15	Hedding	84 °	
	Interval	4.5 km	
	Total	29.7 km	

49.5km	Hedding	130 °	
	Interval	0.9 km	
	Total	30.6 km	

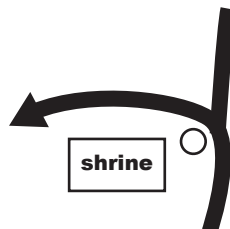
5/15	Hedding	40 °	
	Interval	0.3 km	
	Total	30.9 km	

49.5km	Hedding	70 °	
	Interval	0.5 km	
	Total	31.4 km	

5/15	Hedding	320 °	
	Interval	1.0 km	
	Total	32.4 km	

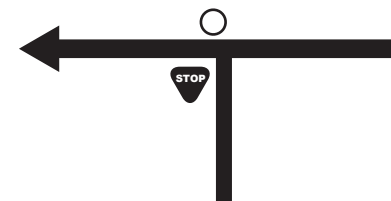
6/15

Hedding 325 °  
Interval 2.1 km  
Total 34.5 km



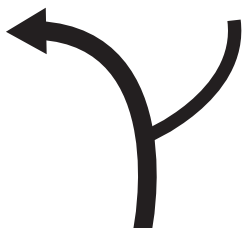
7/15

Hedding 85 °  
Interval 1.3 km  
Total 43.8 km



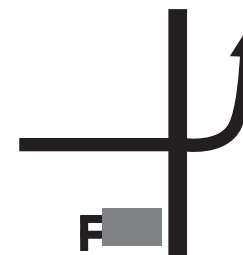
49.5km

Hedding 120 °  
Interval 3.7 km  
Total 38.2 km



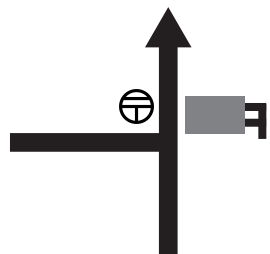
49.5km

Hedding 71 °  
Interval 2.2 km  
Total 46.0 km



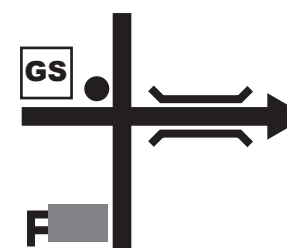
6/15

Hedding 65 °  
Interval 0.9 km  
Total 39.1 km



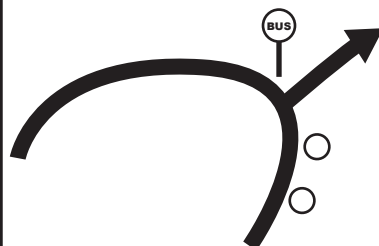
7/15

Hedding 111 °  
Interval 2.4 km  
Total 48.4 km



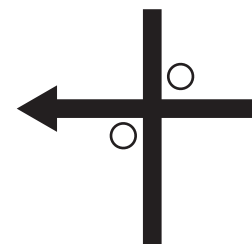
49.5km

Hedding 76 °  
Interval 0.8 km  
Total 39.9 km



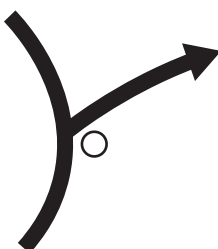
49.5km

Hedding 30 °  
Interval 0.5 km  
Total 48.9 km



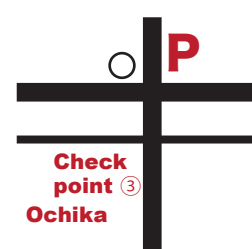
6/15

Hedding 229 °  
Interval 2.6 km  
Total 42.5 km



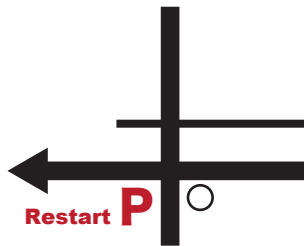
7/15

Hedding - °  
Interval 0.1 km  
Total 49.0 km



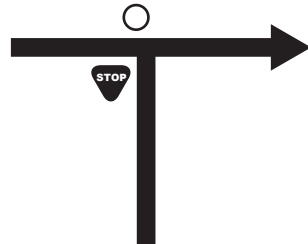
8/15

Hedding	104 °
Interval	- km
Total	49.0 km



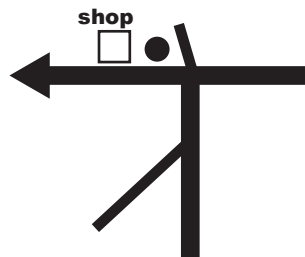
49.5km

Hedding	188 °
Interval	0.2 km
Total	49.2 km



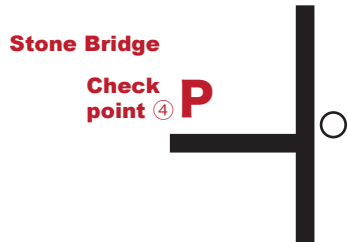
8/15

Hedding	170 °
Interval	0.2 km
Total	49.4 km



49.5km

Hedding	- °
Interval	0.1 km
Total	49.5 km



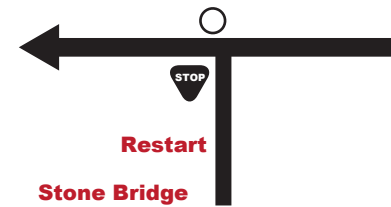
8/15

9/15

## Latter half 71.1km 後半

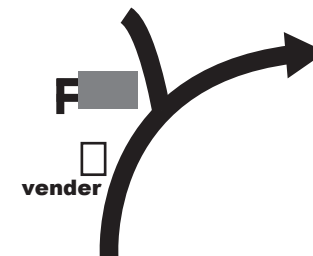
71.1km

Hedding	141 °
Interval	- km
Total	0 km



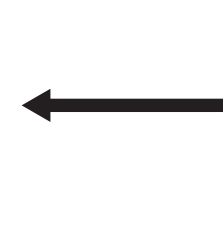
9/15

Hedding	220 °
Interval	0.4 km
Total	0.4 km



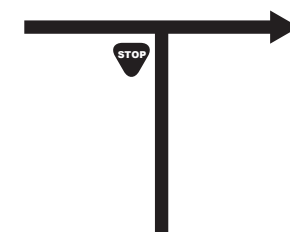
71.1km

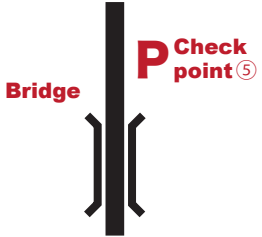

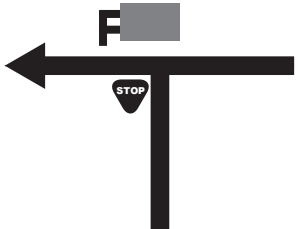
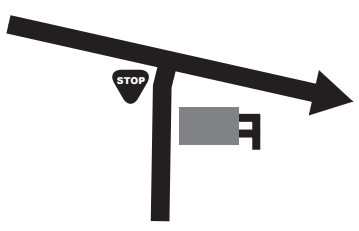

Hedding	77 °
Interval	0.6 km
Total	1.0 km

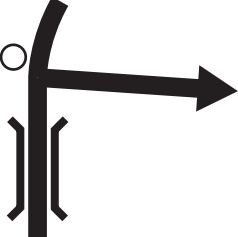
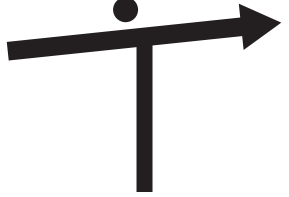


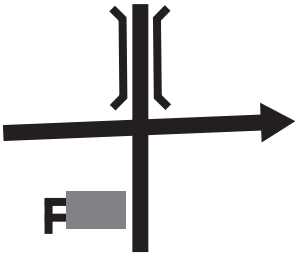



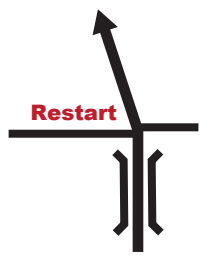
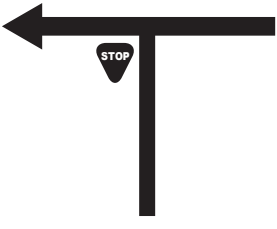
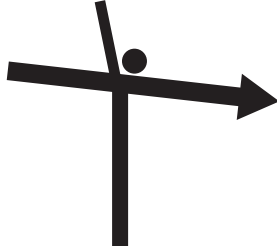
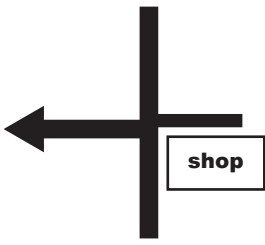
9/15

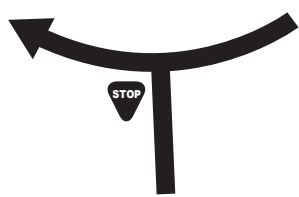
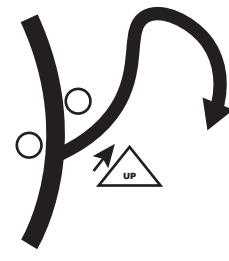


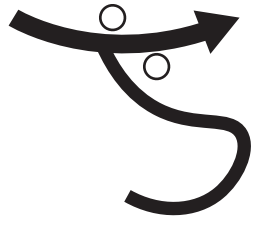
Hedding	118 °
Interval	0.4 km
Total	1.4 km



10/15	Hedding	- °	
	Interval	4.3 km	
	Total	5.7 km	
71.1km	Hedding	145 °	
	Interval	- km	
	Total	5.7 km	
10/15	Hedding	90 °	
	Interval	0.1 km	
	Total	5.8 km	
71.1km	Hedding	151 °	
	Interval	9.7 km	
	Total	15.5 km	
10/15	Hedding	52 °	
	Interval	3.1 km	
	Total	18.6 km	

11/15	Hedding	25 °	
	Interval	3.6 km	
	Total	22.2 km	
71.1km	Hedding	85 °	
	Interval	0.1 km	
	Total	22.3 km	
11/15	Hedding	- °	
	Interval	4.1 km	
	Total	26.4 km	
71.1km	Hedding	135 °	
	Interval	- km	
	Total	26.4 km	
11/15	Hedding	208 °	
	Interval	2.4 km	
	Total	28.8 km	

12/15	Hedding	- °	
	Interval	0.3 km	
	Total	29.1 km	
71.1km	Hedding	113 °	
	Interval	- km	
	Total	29.1 km	
12/15	Hedding	4 °	
	Interval	0.3 km	
	Total	29.4 km	
71.1km	Hedding	133 °	
	Interval	0.3 km	
	Total	29.7 km	
12/15	Hedding	49 °	
	Interval	3.1 km	
	Total	32.8 km	

13/15	Hedding	61 °	
	Interval	2.6 km	
	Total	35.4 km	
71.1km	Hedding	120 °	
	Interval	2.1 km	
	Total	37.5 km	
13/15	Hedding	- °	
	Interval	0.6 km	
	Total	38.1 km	
71.1km	Hedding	70 °	
	Interval	- km	
	Total	38.1 km	
13/15	Hedding	105 °	
	Interval	0.5 km	
	Total	38.6 km	

14/15	Hedding	300 °	
	Interval	7.9 km	
	Total	46.5 km	

71.1km	Hedding	116 °	
	Interval	0.1 km	
	Total	46.6 km	

14/15	Hedding	63 °	
	Interval	2.9 km	
	Total	49.5 km	

71.1km	Hedding	270 °	
	Interval	1.1 km	
	Total	50.6 km	

14/15	Hedding	313 °	
	Interval	13.8 km	
	Total	64.4 km	

15/15	Hedding	27 °	
	Interval	5.4 km	
	Total	69.8 km	

71.1km	Hedding	- °	
	Interval	1.3 km	
	Total	71.1 km	

15/15